

Shopping List

Turkey & Spinach Lasagne by **fitbrits**

Meat Mixture

- Olive Oil (to fry)
- x2 Onions
- Garlic (x2 cloves)
- Bacon (x4 Rashers)
- x1 Carrot
- Celery (x1 Stalk)
- Turkey Mince (500g)
- Red Wine (150ml)
- x2 Cans Chopped Tomatoes
- Oregano (x2 tsp)
- Salt and Pepper
- Spinach Leaves (150g)
- Cheese (25g)
- Pre-cooked Pasta Sheets

White Sauce

- Milk (600ml)
- Flour (50g)
- Butter (50g)

Or one jar of White Sauce

Other Items